



Minnesota Valley Lutheran High School  
Praise the Lord, my soul; and forget not all His benefits.  
Psalm 103:2

*Trinity Lutheran School proclaims the love of Jesus Christ by partnering with parents to prepare students for this life and eternity.*

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**Breakfast Menu:** *All breakfasts are served with fruit and milk.*

*Monday: Banana Bread, Tuesday: Cereal Bar, Wednesday: Graham Crackers, Thursday: Poptart, Friday: S'Mores Bar \*See last page for updated menu\**

**Hot Lunch Menu:** *Monday: Chicken Patty on a Bun, Country Veggie Blend and an apple; Tuesday: Beef Nacho Bar, lettuce, corn, and a banana; Wednesday: Meatballs, mashed potatoes, carrots and pears; Thursday: Corn Dog, Oranges, and Baked Beans; Friday: Bosco Sticks, Applesauce and Broccoli.*

# Principal Notes:

Sep 5, 2025

## Our Week in Review:

Here are four important updates for this week:

### 1. Safety & Preparedness

This week I met with the **Chief of the Nicollet County Sheriff's Office** and the **training officer** to review our safety procedures. We are working together to ensure our school has clear policies and is trained for emergency situations. Your child's safety is always our top priority.

### 2. Flag Patrol

Our **7th-8th grade students** have begun serving on **Flag Patrol**. Each day they respectfully raise and lower the U.S. and Christian flags, practicing both responsibility and respect.

### 3. Upcoming Field Trip

We are excited to announce our first school field trip! The students will be visiting an **apple farm in Jordan** to learn about God's creation, agriculture, and enjoy a fun day together. More details and permission slips will be coming soon.

**4. SUPER BUDDIES** is running. We have Chapel on Wednesday's from 8-8:30am. If you would like to join us, please feel free to come and worship with us. Families are welcome to enter the sanctuary from the main School entry.

Thank you for your partnership as we grow in faith and learning together.

## Dates to remember: *Plan ahead*

9-10-25: CEA meeting at 6pm (All parents are asked to attend to join our Community)

9-12-25: CEA Family Night @ 5:30pm

9-22 -- 9-26: **\_\_Lutheran Education Week\_\_**

9-26-25: VIP DAY - **EARLY RELEASE DAY**

October 9th: 9-10:15am Field day at the Fire Station

October 10th: School field trip to Ferguson's Apple Orchard and the Minnesota Store.

## Questions and *discussion*

Do you have a Question for the Principal?	Principal's Answers
<b>Why choose a Lutheran school?</b>	<ul style="list-style-type: none"><li>A Lutheran school provides excellent academics in a Christ-centered environment. Here, children grow not only in knowledge, but also in faith, character, and love for their Savior.</li></ul>
What is your favorite candy bar?	I have three, snickers, \$100-Grand, and Baby Ruth. What about you?

# Life in Middle School

Mr. Ritter

**Week Two:** Classes are in full swing now meaning everyone is a lot busier in the 5th-8th grade class room. But, I don't think there is an amount of homework that could keep the energy down among these kids. That being said, routines are starting to be established, regular school activities such as band and soccer are kicking off and it's starting to feel like summer has come to an end.

**Reading:** The 5th and 6th graders are starting off the year with the novel Holes by Louis Sachar, which is about an unfortunate boy who finds himself in an unfortunate situation at Camp Green Lake. The 7th and 8th graders are reading Code Talker by Joseph Bruchac, which is about Navajo involvement in WWII.

**Writing:** We are having a separate writing class this year in order to put a larger emphasis on learning to write lengthy and well informed essays as well as creative stories. This week has been very low key with assignments being limited to a few paragraphs, but the students can expect a slow and steady increase in word count to better their writing skills.

**PE:** PE with this group has been competitive to say the least. We are currently in an ultimate frisbee unit and are excited to start playing games next week.

**Highlights:** Book buddies started this week. Every Thursday for the rest of the year a group of 5th-8th graders will head up to the preschool room and read with them. The students who went up this week had a great time and those that didn't are excited to get a chance next week.

## Mrs. Biedenbender's Room

It has been a good second week of school! The children are enjoying working, learning, and playing together.

### Here's what we will be learning this week:

**Math:** 3rd grade will learn about addition and subtraction fact families, unknown addends, adding three numbers together, bar graphs and pictographs.

4th grade will learn about adding money, adding with regrouping, even and odd numbers, and number lines.

**English:** 3rd & 4th graders will keep learning about word analogies, nouns and verbs, and begin writing a story in our "Writing Workshop" time on Fridays.

**Reading:** 3rd & 4th graders will continue reading "Because of Winn Dixie" all week.

**Christ Light** (all): Our stories this week are "The Flood" and "The Tower of Babel".

**Science** (all): Our lesson this week will be about dinosaurs, especially learning from a Biblical perspective of how they were part of God's awesome creation.

**Music** (all): We practiced keeping a steady beat as we played some group rhythm games ("Pass the beat around the room"... and "Rock, rock, how you wander"...), and are reviewing note values as we clap out rhythm patterns.



Our 12 2nd-4th graders!



Creating beautiful chalk drawings!

## Mrs Gronholz's Room:

### Grade 2:

Math has included adding doubles and using pattern blocks to make patterns and practice ordinal numbers. We have worked on rules for capitalization and punctuation in English. In Reading our review units are completed, we have taken our first spelling test and we have worked on fluency and comprehension. Next week's Math will include math stories, time and working with facts. In English we will continue creative writing, editing and presentation, grammar and vocabulary words. Reading will give us time to practice phonics, grammar, fluency and comprehension. Spelling continues with our practice test on Thursday. **Words are: me, my, she, her, he, his, we, our, they, their, you, your**

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### Grade 1:

In Math this week we began with a meeting full of learning and continued using cubes and finished graphing how we came to school. Our Review Unit in Reading gave us time decoding, reading fluently and writing.

Next week in Math: ordering sets; collecting data; making a bar-type graph; using logical reasoning to solve a problem and more. **Our next spelling words will be: bunch, lunch, inch, pinch, ranch, branch, chip, chop, chick, check.** Our Spelling tests will be every Thursday.



## Mrs. Schmudlach's Kindergarten and First Grade Classroom

Our theme for the week was our "classroom family". We had fun in **Art** making little buildings of Trinity, with all of us inside!

### Next week's Happenings:

**Christ Light:** *Noah's Ark and the Tower of Babel*. Since our move to Wednesday chapel, Christ Light will be taught now on Monday, Tuesday, Thursday and Friday. **Memory Sheet #3** will be coming home on Monday night for the 1st graders. Please go over these passages the night before.

**Math K:** Graphing apples, graphing faces, one to one correspondence, linking cubes, and numbers 6-9.

**Reading K:** This week we start our 2nd book, *Oswald*. Our first vowel, *O*, is introduced. We will keep reviewing *C* and work on learning about consonants and vowels.

**Writing K:** Names, *Cc*, *Oo*, numbers 2-7.

**Science K and 1:** Can you predict what an animal's babies will look like?

**English 1:** We wrote in our journals for the first time this year and will be learning about the Subject Noun and Verb.

We have started v.1 of our song for church.

### Coming Up:

**September 10:** CEA meeting 6:00. Please come join the fun! We need all parents to help!

**September 12:** Our 1st Family Fun Night! More details to follow.



## PRESCHOOL NEWS ~ Mrs. Kelly



We are having fun in our second week of school! We are getting pretty good at knowing our daily schedule; we often have to remind Mrs. Kelly to move the arrow to the next activity on the schedule on our wall!

WE HAVE BEEN WORKING on making our own book, called "Preschool, Preschool, What Do You See?" We've learned that the *illustrator* is the person who draws the pictures in a book, and we are the illustrators of our book. Copies coming home soon!

OUR BIBLE STORY this week has been *God Creates the World*. We've learned how God made the whole universe out of nothing, just with his powerful word! Our Bible words have been *Genesis 1:1 - In the beginning God created the heavens and the earth*. Next week we will learn more about how God made people.



NEXT WEEK we are going to be focusing on the letter A, and apples! Please have your child bring one apple to school next Monday if possible, so we can compare the appearance and taste of different kinds of apples. We will also make apple prints with paint!

# Isaac's Warriors: Battle for Joy, Bring a Toy!



Join us on Saturday, September 6<sup>th</sup> for an epic Nerf battle, and help support our mission to bring smiles to the kiddos up at Children's Hospital in Minneapolis! From 1:00–3:30 we will have Nerf war games, snacks, and goodie bags. The admittance 'fee' is to bring a toy, puzzle, book, etc. that we will deliver to Children's Hospital. Isaac always lit up when Child Life Services came around with a cart full of goodies to pick from, and we want to support that for other sick kids. He also had a passion for Nerf battles, so this is a great combination to help others in his memory. Please note that due to allergens and compromised immune systems, all items must be new. If you are unable to make the event but still want to help, there is an Amazon wish list to have items sent directly to the hospital. You can also contact Marissa to get items to her. For ideas on what to donate, or to connect to the Amazon wish list, follow the link below. The event will take place on the school grounds of Trinity Lutheran Church in Nicollet.

Any questions, contact Marissa Baumann at 651-353-1151.

<https://www.childrensmn.org/.../in-kind-gifts/wish-list/>

# Trinity School Outdoor



## Family Movie Night



When: Friday September 12th. Movie will start at 6:00pm.

Where: Trinity Lutheran School

Movie: Dennis the Menace!

What to bring: blanket, chairs, whatever you want to watch the movie outdoors! (If inclement weather movie will be in the fireside lounge).

\*S'mores will be provided but if you have smore sticks bring them!

\* Bring your own beverages, adult beverages allowed if consumed in moderation.

**CEA MEETING - SEPT 10th 6pm FIRESIDE ROOM**

- Connect and discuss our school
- Help plan events for the school year

- We would love to have as many parents as possible join us to make sure we can have another successful school year!